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2 Universally calibrated microplate ferric reducing antioxidant power (FRAP)
3 assay for foods and applications to Manuka honey
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30 **Abstract**

31 The ferric reducing antioxidant power (FRAP) assay was recently adapted to a
32 microplate format. However, microplate-based FRAP (mFRAP) assays are affected by
33 sample volume and composition. This work describes a calibration process for mFRAP
34 assays which yields data free of volume effects. From the results, the molar absorptivity
35 (ϵ) for mFRAP assay was $141698 \text{ M}^{-1} \text{ cm}^{-1}$ for gallic acid, $49328 \text{ M}^{-1} \text{ cm}^{-1}$ for ascorbic
36 acid, and $21606 \text{ M}^{-1} \text{ cm}^{-1}$ for ammonium ferrous sulphate. The significance of ϵ ($\text{M}^{-1} \text{ cm}^{-1}$)
37 is discussed in relation to mFRAP assay sensitivity, minimum detectable concentration,
38 and the dimensionless FRAP-value. Gallic acid showed 6.6 moles of Fe^{2+} equivalents
39 compared to 2.3 moles of Fe^{2+} equivalents for ascorbic acid. Application of the mFRAP
40 assay to Manuka honey samples (rated 5+, 10+, 15+, and 18+ Unique Manuka Factor;
41 UMF) showed that FRAP values (0.54-0.76 mmol Fe^{2+} per 100g honey) were strongly
42 correlated with UMF ratings ($R^2 = 0.977$) and total phenols content ($R^2 = 0.982$) whilst the
43 UMF rating was correlated with the total phenols ($R^2 = 0.999$). In conclusion, mFRAP
44 assay results were successfully standardized to yield data corresponding to 1-cm
45 spectrophotometer which is useful for quality assurance purposes. The antioxidant
46 capacity of Manuka honey was found to be directly related to the UMF rating
47 (199 words)

48

49 **Keywords:**

50 Antioxidant capacity, microplate assay, ferric reducing antioxidant power, FRAP,

51 Manuka honey

52

53 **Highlights:**

54 Universal calibrations for microplate FRAP assays

55 Simplified pathlength corrections for microplate FRAP assay

56 Microplate assay for total antioxidant capacity

57 Manuka honey FRAP value

58 Manuka UMF rating predicts total phenols content

59

60 **List of chemical compounds (PubChem CID)**

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62 2, 4, 6-Tripyridyl-s-Triazine (PubChem CID 77258)

63 Ammonium ferrous sulphate (PubChem CID 197097)

64 Ascorbic acid (PubChem CID 54670067)

65 Gallic acid (PubChem CID 370)

66

67 **1. Introduction**

68 The ferric reducing antioxidant power (FRAP) assay now in its 18th year (Benzie &
69 Strain, 1996; Benzie & Strain, 1999a) monitors the reaction of Fe²⁺ with 2, 4, 6-
70 Tripyridyl-s-Triazine (TPTZ) to form a violet-blue colour with an absorbance maximum at
71 593nm (Collins, Diehl & Smith, 1959). Some FRAP assays employ phenanthroline,
72 batho-phenanthroline, ferricyanide or ferrozine as a chromogenic ligand (Berker, Guclu,
73 Tor & Apak, 2007). However, all FRAP assays detect compounds with a standard
74 reduction potential (E⁰) below +0.77 and which reduce Fe³⁺ to Fe²⁺ (Benzie et al., 1996;
75 Benzie et al., 1999a). The characteristics of the TPTZ-FRAP assay have been
76 compared with other total antioxidant capacity (TAC) assays (Benzie & Choi, 2014;
77 Fraga, Oteiza & Galleano, 2014; Gulcin, 2012; Huang, Ou & Prior, 2005; Magalhaes,
78 Segundo, Reis & Lima, 2008; Moon & Shibamoto, 2009). FRAP assays are compatible
79 with auto-analyser and manual assay formats (Benzie et al., 1996; Benzie et al., 1999a).
80 Databases containing thousands of FRAP-values for plant foodstuffs have been
81 compiled (Carlsen et al., 2010; Halvorsen et al., 2006).

82 Microplate-based FRAP (mFRAP) assays were introduced recently leading to
83 improved sample throughput compared to the manual FRAP assay (Jimenez-Alvarez et
84 al., 2008; Firuzi, Lacanna, Petrucci, Marrosu & Saso, 2005; Tsao, Yang & Young, 2003).
85 However, the optical pathlength for microplate readers is not fixed and results may be
86 affected by changes of sample volume and composition (Lampinen, Raitio, Perälä,
87 Oranen & Harinen, 2012; Smith, Morris & Levander, 2001). Most microplate readers
88 are lacking the automated photometric pathlength correction (PPC) facility found in
89 more expensive models (Smith et al., 2001). The pathlength dependence on sample

90 volume leads to microplate results being less readily compared between different
91 laboratories.

92 The molar absorptivity (ϵ , $M^{-1} \text{ cm}^{-1}$) for the manual FRAP assay was evaluated
93 recently for a 1cm-pathlength spectrophotometer with ammonium ferrous sulphate (AFS)
94 as standard (Hayes, Mills, Neville, Kiddie & Collins, 2011; Stratil, Klejdus & Kuban,
95 2006). In principle, the molar absorptivity represents a universal calibration parameter
96 for different compounds, and could be used for quality assurance and for comparing
97 FRAP assays from different laboratories (Hayes et al., 2011). Currently, there are
98 limited reports for the molar absorptivity value for FRAP assays of food antioxidants
99 (Pulido, Bravo & Saura-Calixto, 2000; Stratil et al., 2006). To our knowledge, few or no
100 molar absorptivity values have been reported for the mFRAP format and so the quality
101 of assays cannot be evaluated.

102 In this paper, we describe a process for normalizing microplate results to match
103 data obtainable a 1-cm pathlength spectrophotometer. The pathlength correction is
104 applied to two mFRAP assays to determine the molar absorptivity and related
105 parameters for ascorbic acid and gallic acid as calibration standards. As part of ongoing
106 research, the mFRAP assay was applied to evaluate honey samples of different Unique
107 Manuka Factor (UMF) ratings and the findings compared with values of the total
108 phenols content for the same samples. The outcomes showed that the mFRAP assays
109 can yield accurate data *independent of sample volume effects*. The described
110 calibration method is inexpensive and should be easy to implement for other microplate-
111 based assays for the purpose of quality assurance. The antioxidant capacity of Manuka
112 honey was found to be directly related to the UMF rating.

113 **2. Materials and methods**

114 All reagents were purchased from Sigma Aldrich and used as received. Colorimetric
115 measurements were recorded using a UV/Visible spectrophotometer (Ultrospec 2000,
116 Pharmacia Biotech, Uppsala Sweden) in conjunction with 1-cm polystyrene cuvettes
117 (Sarsted Ltd, Leicester, UK). Microplate assays involved a 96-microplate reader
118 (VERSAmax; Molecular devices, Sunnydale, California, USA) used with flat-bottomed
119 96-well microplates (NUNC, Sigma Aldrich, UK). FRAP solutions were prepared as
120 described previously (Benzie et al., 1996; Benzie et al., 1999a). The FRAP working-
121 solution was prepared by mixing 10-volumes of acetate buffer (300 mM, pH 3.6) with 1-
122 volume of TPTZ (40mM dissolved with 40mM HCl) and 1-volume of ferric chloride (20
123 mM in water). The FRAP working solution was prepared daily and warmed at 37 °C for
124 10 minutes before use. Ascorbic acid and AFS standards (1000 µM) were prepared in
125 100 ml volumetric flasks using double deionized water and with no other precautions.
126 Gallic acid (1000 µM) was prepared by pre-diluting 17 mg solid with 10ml methanol and
127 making up to 100 ml.

128 Manuka honey samples (rated +5, +10, +15, +18 Unique Manuka Factor; UMF)
129 were purchased from Comvita Ltd (Berkshire, UK). A batch of Scottish Heather Honey
130 (assumed UMF of +0) was purchased from Rowse Honey Ltd (London, UK). All
131 samples of honey were stored at room temperature and diluted 1/10 with distilled water
132 before analysis. The total antioxidant capacity for honey samples was determined using
133 the mFRAP1 method as described for ferric sulphate standard (see below). The total
134 phenol content for honey samples was measured using the Folin Dennis method and

135 expressed as a Gallic Acid Equivalent per Kg product (GAE mg/Kg) as outlined by
136 (Singleton, Orthofer, & Lamuela-Raventos 1999).

137 For a manual FRAP assay 75 μ l of sample (0, 125, 250, 500, 1000 μ M) was
138 added to 1.5 ml micro-centrifuge tubes followed by 1425 μ l of working FRAP solution.
139 The mixtures were incubated in the dark for 30 minutes at 37 °C and absorbance
140 readings were recorded at 593 nm (A593) using 1cm-pathlength spectrophotometer. To
141 perform the microplate FRAP assay version #1 (mFRAP1) we completed a manual
142 FRAP assay as above. Thereafter 200 μ l x4 portions of the reaction mixture were
143 transferred to a 96-well microplate for A593 measurement. Microplate FRAP assay
144 version #2 (mFRAP2) was performed according to previous reports with minor
145 modifications (Jimenez-Alvarez et al., 2008; Firuzi et al., 2005; Tsao et al., 2003).
146 Sample solutions (20 μ l) were added directly to the 96-well microplate followed by 280
147 μ l of working FRAP solution. The mixtures were shaken, incubated at 37 °C in the dark
148 for 30 minutes and then A593 readings were recorded using a microplate reader. All
149 experiments were run at least twice on two different days.

150

151 **3. Results and Discussion**

152 The FRAP assay, which is one of the most widely cited assays for total antioxidant
153 capacity, was recently adapted to microplate assay format. However, microplate FRAP
154 assay have not been properly calibrated so that universal calibration parameters have
155 not been determined for the purpose of quality control. Currently microplate based
156 FRAP assays are used for comparative analysis of samples for which absolute
157 calibration parameters are not essential. On the contrary, determination of absolute

158 calibration parameters will help identify where particular implementations of the FRAP
159 assays are dogged by systematic error. Access to absolute calibration parameters is
160 also essential to compare assay performance across different platforms, e.g. the
161 autoanalyzer compared with the standardized 1-cm platform (Sochor, Ryvolova,
162 Krystofova, Salas, Hubalek et. al., 2010). In this paper we describe a method for the
163 determination of calibration parameters for microplate-based FRAP (mFRAP) assays
164 which are free from volume effects. The FRAP assay, one of the most widely cited
165 assays for total antioxidant capacity, was recently adapted to microplate assay format.
166 However, microplate FRAP assay have not been properly calibrated so that universal
167 calibration parameters have not been determined for the purpose of quality control.
168 Manuka honey is a mono-floral honey, produced by bees foraging on the Manuka tree
169 (*Leptospermum scoparium*). Previous research demonstrated that Manuka honey
170 possess antimicrobial activity. Though the mode of action of Manuka honey remains
171 under discussion current evidence suggests that antioxidant components may
172 contribute to their bioactivity (Weston 2000, Snow & Manley 2004; Kwakman, Velde, de
173 Boer, Vandenbroucke-Grauls, 2011).

174 We assume that all FRAP formats conform to Beer's law over a defined
175 concentration (C);

$$176 \quad A_{593} = \varepsilon \underline{L} C \quad (1)$$

$$177 \quad A_{593} = \varepsilon \underline{L}' C \quad (2)$$

178 where A_{593} is absorbency at 593 nm, ε is the true molar absorptivity ($M^{-1} \text{ cm}^{-1}$), L is the
179 light pathlength (1-cm) for a 1-cm spectrophotometer, and L' is the corresponding light
180 pathlength in a microplate reader. From (1) and (2) plotting A_{593} vs. C will produce

181 straight-line graphs ($Y = mx$) with a gradient (m) equal to $\underline{\epsilon.L}$ for spectrophotometric
182 assay or $\underline{\epsilon.L'}$ for microplate analysis. Since $L' < L$, the absorptivity ($\epsilon' = \epsilon.L'$) using a
183 plate reader will be numerically lower compared to values from a 1-cm
184 spectrophotometer. Measuring the molar absorptivity value for mFRAP assays could be
185 useful for quality assurance and for comparing assays from different laboratories
186 (Hayes et al., 2011).

187 To normalize mFRAP data for 1-cm pathlength we performed a separate manual
188 FRAP assay using AFS as a calibration standard and a 1- cm path length instrument for
189 A593 measurements. The method is simple and accessible for most laboratories. A
190 graph of A593 vs. concentration produced a straight-line graph ($R^2=0.9992$). According
191 to the gradient of this graph (ϵL) the molar absorptivity using AFS standard was
192 $21423(\pm 204) \text{ M}^{-1} \text{ cm}^{-1}$ which compares with $19800 \text{ M}^{-1} \text{ cm}^{-1}$, $21140 \text{ M}^{-1} \text{ cm}^{-1}$, 21500 or
193 $22600 \text{ M}^{-1} \text{ cm}^{-1}$ in the literature (Collins et al., 1959; Hayes et al., 2011; Issopoulos &
194 Salta, 1997; Stratil et al., 2006).

195 When AFS solutions were analysed by the mFRAP1 assay (200 μl total volume)
196 the apparent molar absorptivity was $10509(\pm 46)$ and consequently the effective optical
197 pathlength ($L' = 10509 / 21423$) was 0.49 cm. For the mFRAP2 analysis of AFS (20 μl
198 sample and 300 μl total assay volume) the graph of A593 vs. concentration yielded an
199 *apparent* molar absorptivity (ϵ') of $18065 (\pm 36) \text{ M}^{-1} \text{ cm}^{-1}$ and consequently, the
200 instrument pathlength was determined as ($L' = \epsilon' / \epsilon = 18065 / 21423 =$) 0.83 cm. Table 1
201 shows a summary of such results alongside of the apparent absorptivity values for
202 ascorbic acid and gallic acid.

203 In an attempt to confirm above results, optical pathlength values were also
204 calculated. Assuming each microplate well is perfectly cylindrical with a radius (r) the
205 optical pathlength L' (cm) = $V / (\pi \cdot r^2)$ where V (cm³) is the total assay volume. Actually,
206 the flat-bottomed 96-microwell plates used in this study had conical-shaped wells with a
207 wider cross sectional area at the apex (diameter = 0.689 cm) compared to the bottom
208 (diameter = 0.635 mm) and so we used 0.662 cm as the average well diameter. Figure
209 1 shows that the calculated pathlength increases linearly with the filling volume per well.
210 Where V is equal to 0.3 cm³ or 0.2cm³ the predicted optical pathlength was 0.87 cm or
211 0.58 cm, respectively. Such values deviate by +4.8% and +18.4% from the pathlengths
212 determined from colorimetric measurements (Table 1). Errors arising from the
213 calculated pathlengths are more substantial with low filling volumes. Differences
214 between the calculated and actual pathlengths for microplate readers can be expected
215 also because differences in sample composition as well as volume can affect the height
216 of the meniscus formed within microplate wells (Lampinen et al., 2012; Smith et al.,
217 2001).

218 Some high-end microplate readers are fitted with an automatic PPC facility which
219 normalizes microplate output so that it matches values achievable with 1-cm pathlength
220 spectrophotometer (Lampinen et al., 2012; Smith et al., 2001). Instrumental PPC
221 employ infra-red measurements taken at 900 nm and 975 nm to determine the height of
222 water within *each* well. Absorbance readings are then adjusted to 1-cm pathlength
223 according the height of fluid detected, on a well-by-well basis. PPC can correct for well-
224 to-well differences in pipetting volume, improve assay precision, and enable the direct
225 calculation of analyte concentration using Beer's law (Lampinen et al., 2012).

226 Figure 2 shows calibration graphs for mFRAP2 assay with AFS, gallic acid, or
227 ascorbic acid prior to pathlength correction. The concentrations plotted in Figure 2 were
228 adjusted for sample dilution. Table 1 shows calibration parameters for mFRAP1 and
229 mFRAP2 assays without and with pathlength correction.

230 The average value for ϵ ($M^{-1} cm^{-1}$) using the mFRAP1 and mFRAP2 assays was
231 $141698 M^{-1}cm^{-1}$ for gallic acid, $49328 M^{-1}cm^{-1}$ for ascorbic acid, and $21606 M^{-1}cm^{-1}$ for
232 AFS. There are no published microplate based molar absorptivity values for food
233 antioxidants for comparison (Tsao et al., 2003). However, Pulido et al (2000) reported
234 the molar absorptivity for a manual FRAP assay as $113900 M^{-1} cm^{-1}$, $46580 M^{-1} cm^{-1}$, or
235 $14620 M^{-1} cm^{-1}$ for gallic acid, ascorbic acid and ferrous sulphate, respectively. Stratil
236 and co-workers found absorptivity values of $100500 M^{-1} cm^{-1}$ for gallic acid, $28200 M^{-1}$
237 cm^{-1} for ascorbic acid and $19800 M^{-1} cm^{-1}$ for AFS (Stratil et al., 2006). The literature
238 values for gallic acid and ascorbic acid are lower than values for the mFRAP assay
239 whereas Fe^{2+} values agree well. One possible reason for differences in results may be
240 that the previous reactions were performed over a restricted time-frame and did not go
241 fully to completion (Stratil et al., 2006).

242 The molar absorptivity is related to the FRAP-value ($\mu M Fe^{+2}$ equivalents), which
243 is a common empirical index of antioxidant capacity of food compounds. Typically, the
244 FRAP-value is determined using a “single-point” calibration performed with a fixed
245 concentration of AFS, C_f (μM) in accordance with equation (3);

$$246 \quad FRAP \text{ value } (\mu M) = C_f * A_{593 \text{ Test}} / A_{593 \text{ Fe}^{2+}} \quad (3)$$

247 where “Test” and “ Fe^{2+} ” refer to values for the test compound and for AFS standard
248 solution, respectively. Typically, the FRAP-value is also adjusted for a unit mass (e.g.,

249 per gram) of food sample (Carlsen et al., 2010; Halvorsen et al., 2006). The A593 term
250 from equation (3) can be substituted with molar absorptivity (equation 1) followed by
251 rearrangement to yield a dimensionless FRAP value (equation 4);

$$252 \quad \text{FRAP-value} / C_f = \varepsilon_{\text{Test}} / \varepsilon_{\text{Fe}^{2+}} = A593_{\text{Test}} / A593_{\text{Fe}^{2+}} \quad (4)$$

253 In fact, the dimensionless FRAP-value describes Fe²⁺ equivalents– or the number of
254 moles of ferric (Fe²⁺) ions produced by one mole of antioxidant during the FRAP assay
255 (Halvorsen, & Blomhoff, 2011). To determine the dimensionless FRAP-value both the
256 test-compound and the AFS are analysed at the same molar concentration (C_f).

257 According to results from the present study (Table 1) and eqn. 4, gallic acid has a
258 dimensionless FRAP-value of 6.5 Fe²⁺ equivalents whilst ascorbic acid has a FRAP
259 response equal to 2.3 Fe²⁺ equivalents. Previous investigations found that ascorbic acid,
260 α-tocopherol and uric acid had a “relative FRAP activity” of 2.0 units compared to 1 unit
261 for ferrous sulphate. One mole bilirubin was found to reduce 4 moles of Fe³⁺ to Fe²⁺.
262 The Fe²⁺ equivalents for serum albumin was 0.1 so that 10-moles of protein were
263 required reduce one mole of Fe³⁺ to Fe²⁺ (Benzie & Strain 1996, 1999). Other
264 investigations found that one mole of gallic acid reacts with 6.6-7.8 moles Fe³⁺ but
265 ascorbic acid reacts with 1.2-2.0 molecules of Fe³⁺ during the manual FRAP assay
266 (Pulido et al., 2000; Stratil et al., 2006). The FRAP response for quercetin and tannin
267 were consistent with 11-12 Fe²⁺ equivalents compared to 1.0 for resveratrol (Pulido et
268 al., 2000; Stratil et al., 2006). Structure-activity studies showed that the FRAP-value for
269 phenols was strongly correlated with their redox potential determined by cyclic
270 voltammetry (Firuzi et al., 2005).

271 The antimicrobial effects of medicinal honeys are attributed to a number of
272 bioactive components e.g., hydrogen peroxide, bee defensins, methylglyoxal or
273 polyphenols though the relative importance of these agents remains uncertain (Weston
274 2000, Snow & Manley 2004). The peroxide free anti-microbial activity of Manuka honey
275 is thought to be dependent on the levels of methylglyoxal and polyphenols (Kwakman,
276 Velde, de Boer, Vandenbroucke-Grauls, 2011). In this study, we applied the mFRAP1
277 assay to five different honeys with different “Unique Manuka Factor” (UMF) ratings
278 which shows the antiseptic activity of honey in terms of the equivalent percent solution
279 of phenol (Molan 2008).

280 Table (2) shows the FRAP results for total antioxidant capacity of Manuka honey
281 expressed as, $\mu\text{M Fe}^{2+}$ per 10% honey (Jubri, Rahim, & Aan 2013) or as mmol- Fe^{2+}
282 per 100g of honey (Carlsen et al. 2010). Table (2) also shows total phenols content (mg
283 GAE/Kg) of Manuka honey samples and their UMF rating. The current estimates for
284 total antioxidant capacity (Table 2) are up to 2-fold higher compared with results
285 appearing in the literature for Manuka honey samples though previous studies did not
286 report the UMF rating. For example, the FRAP value was $215.7(\pm 50) \mu\text{M Fe}^{2+}$ per 10%
287 honey with a total phenols content of $201 (\pm 36) \text{ mg GAE/ kg}$ (Jubri, et al. 2013). A
288 comprehensive study of Malaysian honeys and Manuka honey by Moniruzzaman,
289 Sulaiman, Khalil, & Gan (2013) reported the FRAP value of $648(\pm 0.9) \mu\text{M Fe}^{2+} /100\text{g}$
290 and total phenols value of $526 (\pm 12) \text{ mg GAE/kg}$ for Manuka honey of undeclared UMF
291 rating. In agreement with the cited investigations, we found the FRAP values for honeys
292 were highly correlated with total phenols content ($R^2 = 0.982$).

293 **(Table 2 here)**

294 The present study demonstrates also that FRAP values for Manuka honey are
295 highly correlated with their UMF rating ($R^2 = 0.977$). Moreover, the UMF value could be
296 predicted from the total phenols content of Manuka honeys according to the straight-line
297 equation; $UMF = 0.065 TP - 19.159$ ($R^2 = 0.999$), where TP is the total phenols content
298 (mg-GAE/Kg honey). Apparently 99.9% and 97.7 of the UMF rating for the Manuka
299 honey considered in this study can be accounted for in terms of changes of total
300 phenols content and total antioxidant capacity, respectively. Finally, it is instructive to
301 compare the FRAP values from Table (2) with values tabulated for 3100 foods, herbs,
302 beverages, and supplements expressed on the basis of $mmol Fe^{2+}$ per 100g (Carlsen
303 et al. 2010). Apparently, the total antioxidant capacity for Manuka honey samples are
304 comparable to the FRAP values recorded for apple juice (0.27), cocoa drink with milk
305 (0.37) and tomato juice (0.48).

306 In conclusion, this study demonstrated that microplate readers will underestimate
307 the sensitivity for colorimetric analysis compared to data from a 1-cm pathlength
308 spectrophotometer. However, the effective optical pathlength for a microplate reader
309 can be readily determined under conditions not far removed those used for the mFRAP
310 assay. The molar absorptivity values for gallic acid and ascorbic acid were determined
311 clearly for the first time using the mFRAP format. Using the average calibration
312 parameters for mFRAP1 and 2, the minimum detectable concentration and upper limit
313 of linearity was $0.92 \times 10^{-7} M$ and $250 \times 10^{-7} M$ for gallic acid, respectively. For ascorbic
314 acid the minimum detectable concentration and upper limit of linearity was $2.0 \times 10^{-7} M$
315 and $\geq 670 \times 10^{-7} M$, respectively. Analysis of New Zealand Manuka honey showed that
316 the total antioxidant capacity is related to the UMF rating. The pathlength corrections

317 described here should be applicable to other microplate based assays for total
318 antioxidant capacity. The methodology detailed in the current could be useful in
319 evaluating antioxidant assays on a variety of different platforms.

320

321

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425 **Table and Figure legends**

426

427 Table 1 Calibration parameters for the microplate based FRAP assays before and after
428 pathlength correction

429

430 Table 2 Total antioxidant capacity (FRAP value) and total phenols content of Manuka
431 honey according to their UMF rating

432

433 Figure 1: The predicted optical pathlength for a microplate reader according to filling
434 volume of fluid (cm^{-3}) for cylindrically-shape wells and a diameter = 0.689 cm and 0.635
435 cm at the top and bottom. The graph gradient is 2.90 cm^{-2} (see text for details)

436

437 Figure 2: Calibration graphs for microplate-FRAP assays for gallic acid, ascorbic acid or
438 ferrous ammonium sulphate. Solutions (20ul) and 280 μl FRAP solutions were reacted
439 in 96-well microplate and A593 was recorded with a plate reader.

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448 FOODCHEM-D-14-03339 –revised

449 Tables

450

451 Table 1: Calibration parameters for the microplate FRAP assays before and after
452 pathlength correction

453

| Calibrant | Sensitivity mFRAP1 | MDC mFRAP1 | Sensitivity mFRAP2 | MDC mFRAP2 |
|--------------|-----------------------|----------------------|-----------------------|----------------------|
| Gallic acid | 70557 (±1243) | 2.3×10^{-7} | 115704 (±1351) | 8.7×10^{-8} |
| Gallic acid* | 143993 | 1.1×10^{-7} | 139402 | 7.2×10^{-8} |
| Asc. acid | 25491(±135) | 5.8×10^{-7} | 38706 (±763) | 1.2×10^{-7} |
| Asc. acid* | 52022 | 2.8×10^{-7} | 46634 | 9.6×10^{-8} |
| AFS | 10509(±46) | 5.1×10^{-7} | 18065(±36) | 2.5×10^{-7} |
| AFS* | 21447 | 2.5×10^{-7} | 21765 | 2.1×10^{-7} |

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455 Notes: Assay sensitivity is equal to the molar absorptivity, ϵ_M ($M^{-1} \text{ cm}^{-1}$). MDC =
456 minimum detectable concentration, AFS = ammonium ferrous (II) sulphate, Asc.Acid =
457 Ascorbic acid, (*) Data with pathlength corrections for mFRAP1 ($L' = 0.49 \text{ cm}$ for $200 \mu\text{l}$
458 sample) and mFRAP2 ($L' = 0.83 \text{ cm}$ for $300 \mu\text{l}$ sample).

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464 Table 2 FRAP value and total phenols content of Manuka honey related to UMF rating

| UMF Rating | FRAP ($\mu\text{M Fe}^{2+}/10\%\text{honey}$) ^a | FRAP ($\text{mmol Fe}^{2+}/100\text{g}$) ^b | Total phenol (mg GAE/kg) ^c |
|---------------|---|--|---|
| - | 197 (± 62) | 0.20 (± 0.061) | 208 (± 20) |
| 5 | 545 (± 123) | 0.54 (± 0.123) | 372 (± 22) |
| 10 | 611 (± 93) | 0.61 (± 0.093) | 453 (± 16) |
| 15 | 677 (± 78) | 0.68 (± 0.077) | 524 (± 24) |
| 18 | 756 (± 81) | 0.76 (± 0.081) | 576 (± 20) |

465 Notes: Values are means (\pm SD) of eight determinations. UMF is Unique Manuka factor,
 466 FRAP value is expressed (a) as 10^{-6} M Fe (II) reduced by 10% solution of honey or (b)
 467 as 10^{-3} moles Fe (II) reduced per 100g of honey; (c) total phenols was determined by
 468 Folin method is expressed as mg-Gallic Acid Equivalent (GAE). Values in all columns
 469 are significantly different by ANOVA ($p < 0.05$).

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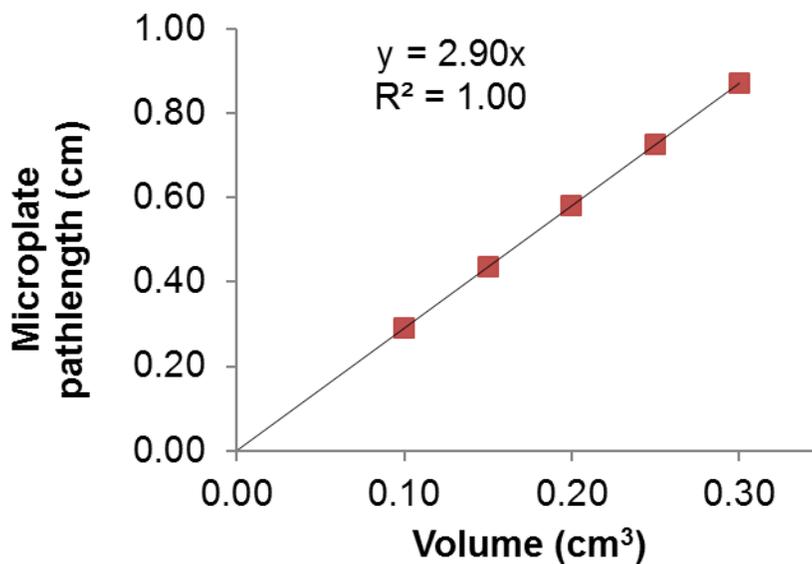
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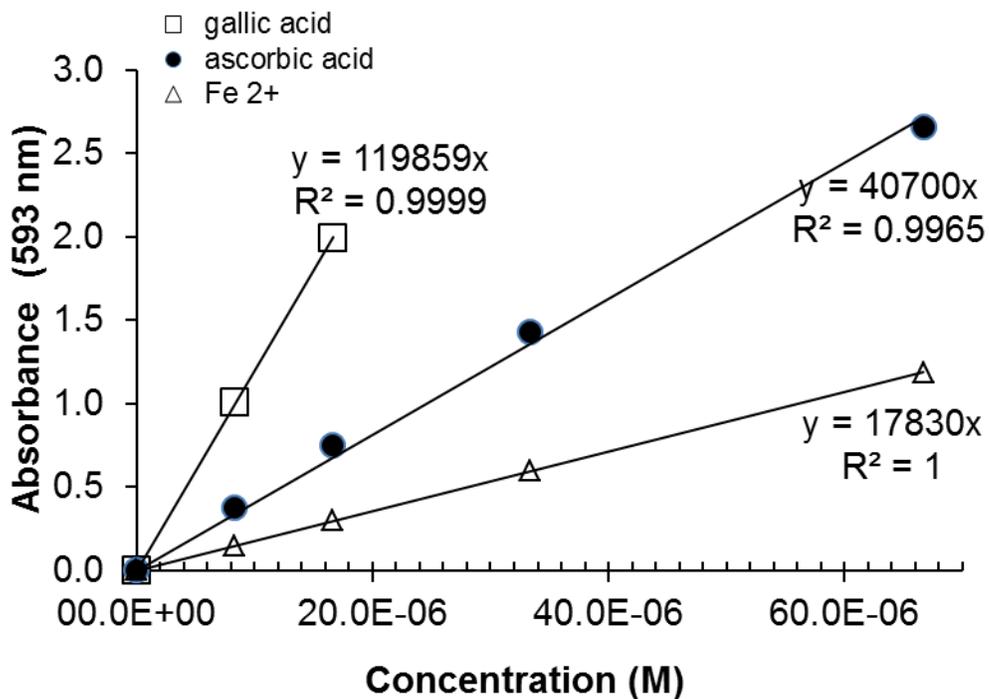
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Figure 1



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Figure 2



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