

Lapidus Journal 20th Anniversary Special Edition Part 1

The first 20 years of Lapidus

Welcome to Part 1 of *The Lapidus 20th Anniversary Special Triple Edition* – this is the first of a three Part Special Edition with the theme, *Capturing the Collective and Connected Spirit of Writing for Wellbeing*. This Part collates alternative accounts and reflections particularly from our stimulating [Lapidus Day 2016](#) celebration.

Our first two contributions to the Special Edition are from members who had experienced the birth of Lapidus 20 years ago: [Lapidus Day - A Keynote](#) by a founder of Lapidus, *Cheryl Moskowitz*, and [Lapidus - Origins and Growth](#), by *Victoria Field*, a Lapidus Board member. Though alternative perspectives, the contributions share a personal perspective of evolving relationships with Lapidus from birth to adulthood, and the ongoing love and energy that such a relationship generates. Diversity of perspective within the Lapidus membership appears to be as important today as it was two decades ago.

Our third and fourth contributions are from other highly acclaimed keynote speakers at the Lapidus Day 2016. In [Kindly Apparitions: Reflections upon Reflections](#), *Si Poole* shares some of his insights from performing at the Lapidus Day 2016, and the moment when he thought “*So, I sang. Everybody else sang*”. I know from feedback this was a collectively shared, incredible moment, and can be experienced [here](#). The fourth contribution, [The View from Maggie's](#) by *Julia McGuinness*, shares other incredible moments experienced through the creative work in the very challenging circumstances of [Maggie's Cancer Care](#) centres around the UK (centres originally pioneered by [Maggie Keswick Jencks](#) in Edinburgh).

The final contribution of the first part of the Special Edition is my own: [Words, wellness and Trainspotting. 20 years on](#). To me, Lapidus shares more than a 20th anniversary with the critically acclaimed piece, *Trainspotting*. To me, both offer rich lessons for us all about being connected to something meaningful through words and writing, and both stand as calls to action to do more to tackle the issues of wellness, together. We look forward to see what we can learn from *Trainspotting 2* in 2017! In the meantime, please enjoy Part 1 of the Special Edition.

Dr Tony Wall

Co-Editor, *The Lapidus 20th Anniversary Special Triple Edition*